

# AFTER RECEIVING COVID-19 VACCINATION

## USEFUL INFORMATION

Your decision to receive the vaccine contributes not only to your personal protection, but also to that of society as a whole. The safety and effectiveness of the vaccines that are being administered have been approved by the European Medicines Agency and has been tested by the World Health Organisation. In Greece, as in other countries of the European Union, vaccines are administered initially to those who are at greater risk of being exposed to the virus, such as medical personnel, as well as to those who are in greater danger due to complications based on age, living conditions or underlying health conditions. The vaccination of the rest of the population (over 18 years of age) will follow.



**Can I continue my activities as normal after being vaccinated against Covid-19?**

Yes, you can continue to participate as normal in all your daily activities, as long as you feel healthy. Vaccination during pregnancy has not been adequately studied and therefore not recommended.

For more information please visit the Ministry of Health webpages: [emvolio.gov.gr](http://emvolio.gov.gr)

**OUR VACCINATION TODAY  
CONTRIBUTES TO THE EFFECTIVE  
BATTLE AGAINST THE DISEASE**

## Are there any negative side-effects following the vaccination?

According to clinical studies, the most common negative side-effects that may appear following the vaccination are pain at the area of the injection, headache, muscle pains, joint pains, fatigue, shivers or even a temperature. These symptoms may arise more frequently amongst younger age groups. They subside quickly and should not be a cause for worry, as this means that your body is responding to the vaccine. Taking anti-inflammatory or antipyretic medicines will help in dealing with these symptoms. In case the symptoms persist, contact your doctor or the vaccination centre. You can report the negative side-effects you consider associated with the Covid-19 vaccination on the webpage of the National Organisation for Medicines, by completing the yellow form on [www.eof.gr/web/guest/yellowgeneral](http://www.eof.gr/web/guest/yellowgeneral)

## Am I protected now that I am vaccinated against COVID-19?

Most vaccines for COVID-19 are administered in 2 doses in order to be effective. Every vaccine, prior to its approval, has been tested in studies consisting of more than 30,000 volunteers and it has been proven to considerably reduce the chances of becoming seriously ill from COVID-19. It takes several days after receiving the second dose of the vaccine for our body to develop an immunity to the virus. Despite being vaccinated, some people may become ill from COVID-19, however their illness is expected to be considerably milder.

## What must I do after receiving the first dose of the vaccine?

You need to ensure that you receive the second dose of your vaccination within the time period recommended, as this is crucial for the development of protection against the virus.

## Will I continue to need personal protection measures after the vaccination?

After the vaccination we need to continue to follow personal protection measures such as washing our hands, wearing our mask and maintaining social distancing. This is because no vaccine is 100% effective and the virus continues to exist in the community until a large percentage of the population is vaccinated. The more people are vaccinated, the sooner the presence of the virus in the community will be reduced.



National  
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